



**ASK** a question,  
**SAVE** a life

# Q P R TRAINING

## Adult Suicide Prevention

### **QUESTION, PERSUADE, REFER (QPR)**

training can reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. Quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

This hands-on, one-hour training, will focus on reducing suicide in the adult population. You will learn how to recognize the warning signs of suicide, ask someone you are concerned about whether they may be considering taking their own life and refer them to the resources they may need for help.

### **WEBINAR:**

**Thursday, June 4, 2020 | 3:00PM-4:30PM**

<https://tinyurl.com/QPRTraining6-4>

***Approximately 80% of all people who die by suicide are of working age (18-65).***

*- Workplace Suicide Prevention*



For more information or to register for this event, visit [kadlec.org/knrc](http://kadlec.org/knrc) or call (509) 943-8455.

**This is a FREE event.  
Space is limited.  
Pre-registration is required.**

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