

Talking About Suicide: Our Words Matter



Kimberly Starr's son, Tom, died by suicide in 2015. She knows how important conversations about suicide and mental health issues are. But sometimes people unknowingly use language that is stigmatizing, disrespectful, or even harmful.

Through this free webinar, Kimberly will share personal experiences and insights to help humanize the conversation. You will learn:

- ★ Positive, affirming and healthy ways to talk about mental illness and suicide
- ★ Language to avoid
- ★ What to say when speaking with survivors of suicide loss



Kimberly Starr is a frequent speaker about suicide prevention. Through StarrBright Consulting, she shares research-based insights. She told her story through the book, *457 Days: A Mother's Journey Along Grief's Path*.

Thursday
June 4, 2020
12:00 – 1 pm

Register [here](#) to receive the Zoom link

Especially for:
parents, students,
academic leaders,
caregivers, community
groups, journalists, medical
examiners, coroners

Questions?
Kirk Williamson,
kfw@bfcha.org
509-539-2036