



Austin Regimbal
509.491.3238
austin.regimbal@tricityregionalchamber.com
www.tricityregionalchamber.com

FOR IMMEDIATE RELEASE
April 16, 2018

REGISTER NOW FOR THE GOOD HEALTH IS GOOD BUSINESS 8 WEEK WELLNESS CHALLENGE

The Challenge Runs from April 30 – June 25

KENNEWICK, Wash. – Registration is now open for the Good Health is Good Business 8 Week Wellness Challenge, sponsored by Basin Pacific Insurance & Benefits and presented by the Tri-City Regional Chamber of Commerce.

This simple and affordable challenge provides the accessibility and ease of technology to log and track a healthy lifestyle. Good Health is Good Business provides the spirit of teamwork, friendly competition, prizes and incentives to keep participants motivated. This year's grand prizes include Fitbit Fitness Trackers, tablet PCs and more!

Joining the Good Health is Good Business program is an inspirational way for employees to be healthy and make positive choices to change their lives and, as an employer, improve *your* bottom line!

Compete in the team challenge, individual challenge or participate in both! In each challenge, track your activity, nutrition and wellness accomplishments through the live site hosted by DailyEndorphin.

This challenge works well for companies and co-workers or friends and family.

Registration is now open at tricityregionalchamber.com. It costs \$10 per participant to enter. The challenge is open to both Regional Chamber members and non-members.

Be active, win prizes and have fun! Join the Good Health is Good Business 8 Week Wellness Challenge today!

###

The Tri-City Regional Chamber of Commerce is the catalyst, convener and champion for community and business prosperity. For further details about the Regional Chamber, visit www.tricityregionalchamber.com or call 509.736.0510.