

MY PERSONAL VALUES

A pyramid-shaped arrangement of six rounded rectangular boxes with a folded corner, intended for listing personal values. The top row has one box, the middle row has two boxes, and the bottom row has three boxes.

PERSONAL VALUES STATEMENT

When writing your Personal Values Statement, use phraseology & connecting phrases like: I Act... While... I Value... I Believe... and I Will Fulfill Myself By...

EXAMPLE STATEMENT

I value **personal freedom**, which allows me to lead an **active & healthy** life full of **adventure**. I will build **authentic & loving** relationships with my friends & **family**. I will fulfill myself through **curiosity, personal growth, & lifelong learning**.